

Nursing Mothers' Room Requirements

This design guideline is written to the designer of record (DOR). This guideline is written to document UA standards of work, assist the designers in ensuring UA standards are incorporated into the contract documents and provide a resource to facilitate the design process. It is the designer of record's responsibility to coordinate the criteria set forth in design guideline and in conjunction with the manufacturer requirements and use the most stringent standard.

A. General Requirements

1. A Nursing Mothers' Room is to be included for new and renovated buildings. As of October 2018, Federal law requires a private space be provided by an employer, which is not a bathroom. This space does not have to be a permanent room. To the maximum extent feasible, UA intends to provide dedicated permanent Nursing Mother's Rooms for each new building or major renovation. However, for partial renovations or existing buildings without existing space & infrastructure to accommodate this room, the Designer is to consult with UA Design Staff and the Building User(s) to discuss requirements for individual projects and/or accommodations to comply with the law.
2. For the design of Nursing Mothers' Room, the Designer shall designate an area which can be used by nursing mothers to express breast milk. The room should generally be located on a main entry level accessed from main building corridor. The room does not have to be dedicated to nursing mothers at all times, however in the majority of cases, that is the preference on campus. The location and access to the room should be carefully considered by the designer for discretion & privacy relative to major circulation, adjacencies to other rooms, etc.
3. The following are the general requirements for Nursing Mothers' Room:
 - a. Room must be large enough to accommodate a table/counter and soft chair and the size is generally that of an individual accessible restroom. The room shall be ADA accessible and coordinated with doors swing, furniture, equipment, reach ranges, etc. to provide equal access. Coordinate with UA interior Designer for whether to include a counter or furniture depending on project needs/budget, etc.
 - b. One duplex electrical outlet located above the table/counter surface. One outlet is to be provided under counter for compact undercounter refrigerator (not included in contract). One telephone/data outlet to be located above the work surface.
 - c. User-operated keyed deadbolt. Lock to have an indicator that displays an occupied message.
 - d. Room to be equipped with or close to a sink within the building. Designer to evaluate and consult with UA Design department for recommendation relative to existing plumbing, etc.
 - e. Environmental requirements (heating, cooling, lighting, etc.) equivalent to what is provided in other occupied areas of the building.
 - f. Sound attenuation shall be installed in the walls.
 - g. Room to have signage to read "Nursing Mothers Room".



- h. Provide coat hook & medium size wall mount mirror. Provide paper towel dispenser, liquid soap and/or hand sanitizer dispenser.

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